

October 2010

OUR DREAMS



ARE YOU POWERED UP?

WHERE WE'VE BEEN

Where we have been, our history, our past experiences have shaped our beliefs and perceptions, which have determined our choices. It is our **choices** that have created each of our individual lives as we now know them.

WHERE WE'RE GOING

Where we go depends on our desires and focus. First, where would you like to be in five years? Do you have a plan to reach your five year dream? Do you have your Team in place to make it happen? Remember that a Dream takes more than a single person, otherwise, it's just a goal towards your Dream.

WHERE WE ARE

Where we are today is a direct result of our habits of thought, the choices we've made, and what we wish our lives to be. When we change our habits and choices, what we intend become our reality. Thoughts become things. Everything is invented twice!

POWERUP

Your Life:

Whether you think you can or you cannot, you are correct! What we believe is *always* what we will see. Don't be afraid to Think Different! If your mind is not constantly thinking **new** thoughts, then it is difficult to stay in the flow.

POWER UP YOUR LIFE

Create the perfect life You Want. What Perfect Means Is Up To You Step Up to New Results in no time. This is The Secret Told by unfolding the Laws of the Universe. As told by theologian Raymond Holliwell in Working With The Law.



INSANITY:

Doing the same thing over and over again, time after time and expecting different results is one definition of Insanity--Legal not clinical. POWER UP Life and stop insanity!

STEP UP TO NEW RESULTS

Within each and every human being is the capacity to steer your Soul in the direction of your Heart. When your Heart, Mind and Soul are aligned, your spirit resonates in perfect harmony with God's frequencies.

Sandra Daly's Universe is constantly expanding. She loves experiencing the adventure in discovering new and deeper Universal Truths, which creates new levels of awareness and understanding. Sandra has a great ability to pull forth practical and specific tools from those new levels of awareness which, when consciously applied, can be used very effectively to change anyone's life. Sandra knows that tuning in to the frequency of the always-available Good is crucial in aligning our reality with our desires, and that those desires are the most powerful in attracting to us what we want when we are in a state of harmony with the Universe. She says that believing in what we want is the key to actually seeing what we want, and when our beliefs and perceptions are in harmony with the Creator and Source of the Universe, we truly have power over any matter or circumstance. With Sandra you can learn to turn a rock wall into a stepping stone by simply elevating your conscious perception, finding where your Soul is aligned with the frequency of your Desires, tuning **IN** to that frequency, and tuning **OUT** the rest.



Zen Motorcycle riding

POWER UP PDX!
Tired of the same results? Stop the Insanity! Oct 16th

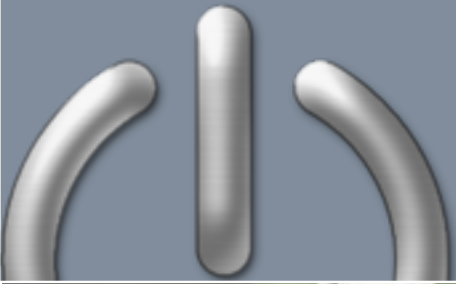
9-3 Sat Oct 16, 2010

DoubleTree Hotel Lloyd Center, PDX

results.poweruplifts.com

Take The Plunge & Go Head First!
Dive **IN** to your life and create your own future history! Where you end up and how you are remembered will be up to you. You are the Master of Your Soul...and Your Life!

POWER UP



YOU Create Your Life

The Grand Overall Designer has Graced each of us with the power to choose whatever it is that we want in this Universal Life. Our rewards are directly proportionate to our use of our gifts to benefit others. Imagine the good you want to perform, who it will help and what will make it sustainable. Resonate your intent and interacting with others with that idea held firmly in your mind and heart.

Your Own Personal Universe

Albert Einstein said that the most important question we could ever ask ourselves is this: Is the Universe friendly? Our answer to that question is a perfect indicator of how we experience our life, and what we are each creating for ourselves with our thoughts and attitudes. Is the Universe you live in friendly? Or is it hostile? Are you aware that you can deliberately choose whichever one you would *like* to experience? Yes, you can choose to experience a friendly Universe even in the midst of an unhappy, painful, or frightening circumstance. In fact, I have found that the quickest and most effective way to shift a less than comfortable circumstance to something that feels wonderful, fun and friendly is to deliberately start looking for my friendly Universe in the midst of the discomfort. The second I decide to consciously look for every single thing I can find that I can consider “friendly,” with a willingness to believe that I will find it, I do begin to find it! And when I add gratitude to this equation, I’ve got a formula that *always* works to shift things from painful and unhappy to joyful and life-giving. Try it for yourself and see what happens, and remember that the Universe you most often choose to experience – whether consciously or unconsciously – will be the Universe that you will most consistently experience. Would it be all right with you if your life got happier? Why not choose that purposely? Look for **your** friendly Universe—with the intention of seeing it—and it WILL be yours!

Are You Ready, Willing & Able?

Jeffery Stevenson is described as an enthusiastic entrepreneur. Jeff’s strong work ethic and love of living life has lead to success in many areas. LifeMastery Consulting is his passion. The process of working with Groups and individuals to define –“What Perfect Means” is a life giving pursuit.

By sharing inspirational stories and life lessons, Jeff will lead you to understanding Life is a series of choices and we co-create our reality. If the results you are seeing in your life do not meet your idea of the perfect life, then this is the perfect place to take a look and get some guidance.

Power Five Comes Alive

The Power of Five is simply a remarkable process that proves itself over and over again. Jeff works individual groups of five that are committed to having new results. Amazing things happen in these groups almost immediately!

Blaze Your Own Trail of Dreams

I learned early in my career that one may not rely comfortably on physical strength or endurance. I hurt my back moving a boulder and was unable to continue with the physical aspects of working the landscape so hard. I learned to use my brain and learned to work smart. Unlimited Potential is what the Universe provides our frail little bodies. Just look at Steven Hawking still using his brain magnificently in physics & science. Like him, blaze your own trail for your gifts.



Trail
Blazers follow
their own path,
roads less
traveled.

Unlimited Possibilities in Everyone

What we do with our MIND determines the whole of our life experience. What do you do with your mind? Do you discipline it to look for the best ideas and opportunities that can move you forward and UPward into the life you want? Or do you just allow it free rein to do whatever it wants? If it seems as if you have been living pretty much the same day, same month, same year over and over again, it is a certainty that you are a victim of your own unmanaged mind. The good news is that patterns really CAN be broken and YOU can change your life and make it whatever you want it to be! What is possible for you? ANYTHING is possible for you if you're willing to manage your mind and direct it to where you WANT to end up. The following poem is a tool that I use regularly and consistently when I find myself feeling limited or small or incapable of creating what I want. There really are endless and unlimited Possibilities all around us, just waiting for us to look for them with a willingness to see them, and then to step forward IN to them!

Endless Possibility

Just open the tiniest corner
Of your powerful, fabulous mind
Look *there* for Possibility
And that is what you'll find

Possibility waits there patiently
For you to turn and see
The endlessness of Potential
Of All-That-Is and What-Can-Be

By Sandra A. Daly
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POWER UP LIFE!

The point is to make POWER UP mean something to you, personally. We are going to get you started and by all means you will be able to finish the race if you just buy the material and go through the courses on your own, about a 50% success rate. Life Coaching guarantees your success. We tailor custom programs whether personal or corporate sponsorship.

POWER OF FIVE



MasterMind Groups

The Golden Ticket in the Law of Fulfilling Dreams can be found in MasterMind Groups comprised of Five Key Members of a Corporate Dream Building Team. Everyone is accountable and accountability is key. Iron sharpens iron, and with five key people holding each other accountable to staying focused on the Dream, you WILL experience measurable success!



Master Minds

ARE YOU GOING WITH THE FLOW?



Navigate With Current

The Key to Success is to navigate the "River of Life" by using the power and flow of the current to get to each stop successfully. Are you landing well, falling short or going long?



What Starts As A Trickle Can Carve Out A Canyon

The Grand Canyon, a true wonder of this Earth, started as a trickle of water. Throughout the life of that water, the trickle grew into a stream. And then the stream became a river that—over time and with persistence—carved out that magnificent canyon. This is a perfect example of the power of Persistence without the definition of insanity.


Now picture your Dream. What will it look like after you have applied your OWN power of Persistence to it? How much do you want what you SAY you want? Do you want it enough to stay focused on it with persistence? It may seem impossible right now. Maybe your circumstances are such that the only action you can take toward your Dream right now is to focus your attention on it. Call that the "trickle." But if you do that with intention, rather than wishful thinking, the persistent trickle will soon catch the attention of Universal Mind and a "groove" will

Your Imagination is your true power.

be created in that Mind. With Universal Mind supplementing your focus, the groove becomes a trench, and before you know it your trickle has become a stream, and then the stream becomes the river! And, as the Grand Canyon was created by the power of Persistence, so your Dream will be created, and it will be every bit as magnificent as that Wonder of our World!

POWER UP will help you focus on pinpointing your dreams and guide you to the paths that lead through your journey. If you want "things" you can have things, but what we offer you is your very own dream reality. Step Up to New Results!

"One thing that I have learned over the last few years of studying with Mary Morrissey, Bob Proctor, and Paul Martinelli - something that I've heard all three of them say more than once - is that paradigm shows up first as **DISTRACTION.**" *Sandra Daly*

IMAGINE	IDEAS	MANIFEST	GROWTH	POWER
	Our Gifts From Imagination come ideas that have helped shape our Present.	Action We have to take action if we are going to manifest our dream possibilities.	Joy Pains Growth sometimes hurts, but this is a good hurt, I call Joy Pains.	Highest Power Always seek highest power of your understanding and grow in strength now.

POWER UP YOUR LIFE

Personal Ownership Winning Extraordinary Results for Unlimited Power

What POWER UP Means Is Up To You! Do you want to create something new and different in your life? Do you want to make your current circumstances better? Healthier? More prosperous? More peaceful? Would you like to experience more freedom? More joy? More love? Join Jeffery Stevenson, LMC and Sandra Anne Daly, LMC as they present their "POWER UP Your Life" seminar on October 16, 2010. They will each bring their own unique perspectives of Universal Principles and show you how YOU can find your OWN answers to YOUR questions, and your OWN solutions to *your unique problems!*

[Get registered today](#), and then share this information with anyone that you love and would like to see living a happy and POWER-FULL life.

The Secret is just the tip of the berg, baby. **POWER UP Your Life – and Step UP Into NEW Results** because you *can* create the "future history" of your OWN choosing starting today for only \$49!

WHEN: Saturday October 16, 2010 from 9:00AM to 3:00PM

WHERE: Doubletree Hotel Portland | 1000 NE Multnomah Street | Portland, OR 97232

WHY: For the purpose of gaining some REAL and SPECIFIC tools that you can use to *make a difference in your own life!*

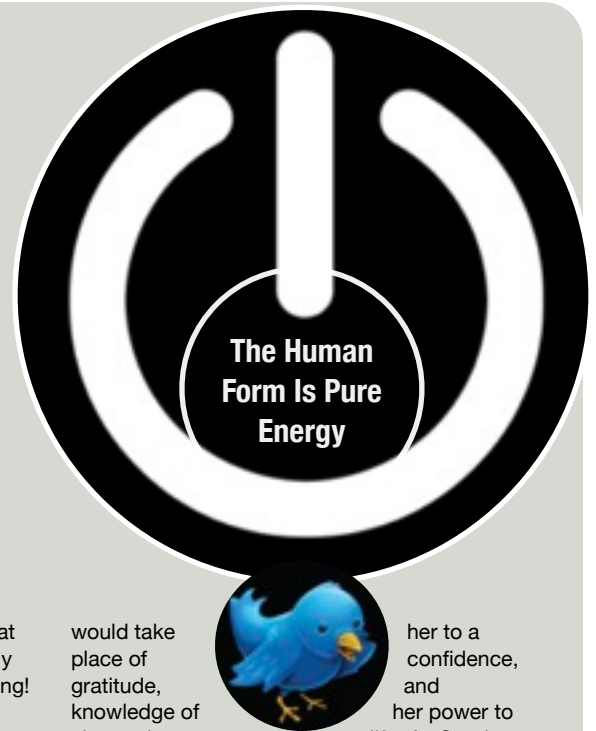
PRICE: \$49.00 Includes lunch, Q&A and prizes.

Imagine Your Future History

What if you believed that anything was possible? Would you march right up and in to your dream? Or would you choose to hang out in limitation and lack? What do you WANT your future to be? If you knew you really could step forward into NEW results, what would those results look and feel like? We are here to tell you that you absolutely CAN create new results for yourself! But for you to step in to those new results, those results must be created NOW. Don't miss out on this great opportunity to begin seriously and powerfully creating the results that you WANT to be living!

Daly Discipline

Sandra Daly has a unique perspective on discipline that was born from Self. As she ran for her life from Portland, Oregon in June of the year 2000, headed for Phoenix, Arizona where she did not know a soul, she found that if she did not want to die young at the hands of another in Portland or alone in the streets of Phoenix, she was going to HAVE to learn to discipline her mind. As she climbed up the steps of a Greyhound bus on that day in June, she was already beginning the work of changing the habits of thought that had had her convinced for her whole life that she was born to be a victim. During that experience of being homeless in Phoenix with virtually nothing to claim as her own (no money, no job, no job prospects, and no place to live), she found that what she DID have was an ability to discipline her mind to work FOR her, rather than against her. As she disciplined herself to notice when she was caught on a train of thought that would take her into a circumstance that would not serve her, she became proficient at switching tracks and shifting the direction of her thoughts so that they



would take place of gratitude, knowledge of change her own

her to a confidence, and her power to life. As Sandra

made that discipline her practice, she found her whole life shifting around her and no longer was she a victim of domestic violence who was destined to die young, but a woman of strength, who became able to welcome joy, peace, and love into her experience with a deep knowing that she actually deserved those things in her life. Join Sandra on October 16, 2010 at the Doubletree Hotel in Portland from 9:00am to 3:00pm and discover the tricks and techniques that she used to change her whole life from the inside out simply through the disciplining of her own mind.

POWER UP YOUR LIFE PDX

Starting a brand new course on powering up life all around you. While you help others grow, they help you grow while offering diversity in expertise, gifts and talents key to the success of any venture. This is the venture of Your Dream and Now is the time for action.

The key to any opulently rich and somewhat famous success stories comes down to understanding the secret behind The Secret. We're going to reveal The Secret on [Oct.16 PDX](#)

Helping Others Helps

Zig Ziglar wrote that in order to achieve our dreams we have to first help others to achieve theirs. If your dream isn't bigger than yourself, then it is just a goal. Dreams require more than one person and must benefit many to fruition to reality. Step into your results by helping others to step into their own results first.

Business/Life Coaching

- Sandi Daly
- Jeffery Stevenson
- New LifeScapes
- POWER UP Life
- SOULclinic

Awareness Seminars Nearby

POWER UP Life Series seminars are geared for both individuals and corporations. Training to break through barriers

POWER UP LIFE

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